



Center Elementary School

Course Syllabus

Elementary P.E.

| Course Description & Overview | Textbook or Curriculum Source | Assessments for Course |
|---|--|--|
| <p>Elementary physical education courses aim to develop students' physical fitness, motor skills, and knowledge of healthy habits. We will incorporate various activities like fundamental movement skills, sports, games, and fitness exercises, often tailored to different developmental levels. Students will also learn about teamwork, sportsmanship, and the importance of physical activity for overall well-being.</p> | <p>Quaver Education Fitnessgram Activitygram</p> | <p>Fitness Tests (Pre-Mid-Post) Each activity or game assessments.(knowledge, rules, skills and participation)</p> |

Course Content by Grading Period

| | |
|---------------------------|---|
| 1st Grading Period | Routine & Structure for each class, Performance Strategies, |
| 2nd Grading Period | Health & physical activity |
| 3rd Grading Period | Fitness |
| 4th Grading Period | Social and emotional health |

Grading Policy

Assessments and assignments must meet the rigor required by the TEKS. Each grade level core subject committee will determine the common assessments to be used. Each core subject area will have the following minimum number of grades each nine weeks:

ELA (Reading, Phonics, Writing, Grammar) – 10

Math – 10

Social Studies – 7

Science – 7

The nine-weeks grade for Math, Science and Social Studies will be the average of the grades recorded. The nine-weeks average for ELA will be based on 50% Reading and 50% Writing.